Hearthside Vegetable Beef Soup

1 T. olive oil 1 16-oz. can tomato sauce

1 onion, chopped 1 14-oz. can Rotel (mild)

1 clove garlic, minced 1 32-oz. carton beef broth

2 lb. ground beef 1 c. red wine

4 carrots, sliced 1 c. frozen peas

4 celery stalks, sliced 1 tsp. dried parsley

1 large potato, diced 1 tsp. dried basil

Directions

In large pot or Dutch oven, sauté onion in olive oil over medium heat until translucent. Add garlic, sauté 1 minute. Add ground beef; season with salt and pepper to taste, and cook until browned. Add sliced veg, tomato sauce and Rotel, broth, and wine. Bring to a boil. Add peas and herbs. Reduce heat to low and simmer at least one hour until veg is tender, or as long as you like up to six hours.

katherinescottjones.com | stories to celebrate beauty